

MAY SUNDAY FESTIVAL

Celebrating the creativity
history & ecology
of Killeagh

GLENBOWER WOOD

APRIL 29 - MAY 2 2022

MaySunday.ie

WELCOME

The first Sunday in May has heralded the transition to summer in **Killeagh** village for nearly 200 years. The Celtic festival of **Bealtaine** goes back much further, and signifies the return of the light. Fire often played a part in celebrations, symbolically burning and cleansing potentially destructive influences, and marking a new beginning. It marked the time for cattle to be driven out to the summer pastures and rituals were performed to protect the cattle, crops and people, and to encourage growth. In recent memory, **May Sunday** was the day you changed into your new summer clothes.

The festival has grown and morphed from its origins amongst the trees, spilling out into village in the 1920s. Many different community groups have organised it – adding pitch & putt in the 70s, or a carnival atmosphere with swing boats and street vendors. After an almost 20-year hiatus, Greywood Arts brought together a team of artists to collect memories and learn about the history of May Sunday in 2018 - and a new iteration of the festival was born.

This year's festival celebrates **life, light and live performance**. It is steeped in **ritual**, yet creates new **traditions** for the people who live in – and love – the area. After two long, pandemic dominated years, we deserve the chance to **connect** with one another - in workshops, on walks, while dancing and listening to music.

We invite you to tune into the beautiful natural surroundings of **Glenbower Wood**, and to get in touch with your own **creativity**.

- Jessica Bonenfant
Artistic Director,
Greywood Arts



HEARTFELT THANKS TO:

- The amazing artists performing and leading workshops.
- Glenbower Wood & Lake for hosting the festival.
- Our Funders Cork County Council & The Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media.
- Our main sponsor Youghal Credit Union & all of the local businesses who took ads in the programme.
- The volunteers & community groups who make this happen.
- GAA Healthy Clubs initiative, Killeagh MACRA, Killeagh Scouts, Youghal Art Group, Dogsercise, Kennedy's Bar & the Old Thatch for contributing events to the programming.

PROGRAMME

Friday 29 April

2PM - 4PM	MOVEMENT WORKSHOP * Glenbower Wood (upper car park)
7PM-8:15PM	MAKE A MAY BUSH WORKSHOP Glenbower Wood Playground
8:30PM	KI PERFORMANCE Glenbower Wood (upper car park)

Saturday 30 April

10:30AM - 12:30PM	NATURE WRITING WORKSHOP * Glenbower Wood
11AM - 4PM	ART & CRAFT MARKET & IMAGINATION STATION Glenbower Wood Playground
12PM - 2PM	YOUGHAL ART GROUP PLEIN AIR PAINTING & DRAWING in the wood
7PM - 10PM	SOUP & SONGS FESTIVAL FUNDRAISER * with the Lazy River Band at Greywood Arts



AT A GLANCE

Sunday 1 May

10AM - 11AM	WOMEN IN CEREMONY Promenade Performance in Glenbower
11AM - 12PM	SONG WRITING WORKSHOP * Glenbower Wood
12:15PM - 1:15PM	WOMEN IN CEREMONY Promenade Performance in Glenbower
1PM - 4PM	OPEN AIR DANCE & PICNIC Glenbower Wood Playground
MUSIC IN THE PUBS	SCRUFFY at Kennedy's Bar 7pm & Music in the Old Thatch

Monday 2 May

11AM, 12:15PM, 1:30PM	SCENT ADVENTURE DOG WALKS * Glenbower Wood
3PM - 5PM	FAMILY FUN DAY Páirc uí Chinnéide (Killeagh GAA Pitch)

* pre-booking at www.MaySunday.ie

LIVE PERFORMANCE

KI BY RIUCHI

FRIDAY 8:30PM IN GLENBOWER WOOD

Enter the forest and step into the visionary realm of Riuchi where Asian tradition meets technology for an inspiring journey that redraws the classical archetypes of the Master and the Samurai.

"KI" grew from an innovative approach to layering technologies, displays of agility, magic techniques and a fleeting soundscape.

Riuchi crafts a visual realm that defies logic, gravity and expectations, mixing traditional and contemporary magic techniques to produce an unexpected sense of wonder. In his own exquisite way, Riuchi's dreams are faster than the eye.

Free, all ages welcome.
Gather at the upper car park.



WOMEN IN CEREMONY GO WALKABOUT

SUNDAY 10AM & 12:15PM IN GLENBOWER WOOD

Linda Cullen and Noelle Ní Riagáin invite you to explore the magic of the woodland with them through song, story and ritual during this guided journey through the forest.

Gather at the green by the playground at 9:45 to start promptly at 10:00 / noon to start promptly at 12.15

This interactive performance is 45 minutes long.

Free, suitable for all ages

Performances made possible thanks to support from the Local Live Public Performance scheme from Cork County Council & The Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media



CREATIVE KILLEAGH

MAKE A MAY BUSH

FRIDAY 7PM - 8:15PM
GLENBOWER WOOD PLAYGROUND

Get ready for **May Day** by decorating your very own May 'bush' with flowers and other colourful bits. Hang it on your front door for **good luck** on the eve of May - or better yet, hang it on a friend's door!

Lisa Cliffe will share the May Bush tradition and guide you through the process while we make our boughs. This social event is an opportunity to mark the transition to **Bealtaine** - or the summer season together, and it kicks off the May Sunday Festival. Join the conversation by sharing your own knowledge of the season's traditions.

We'll have some materials on offer, but do bring your own trimmings: flowers, ribbons, pipe cleaners, eggshells - any embellishments you desire - or use what can be found in the wood!

Free, all ages welcome.

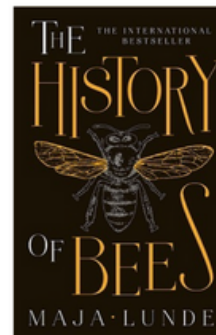
(If weather is poor we'll gather branches & then move indoors to Greywood.

May Bushes were traditionally made from hawthorn branches and were erected in farm yards and around villages. Spring flowers such as primrose, gorse, or hawthorn blossoms were gathered and hung from door posts to ward off evil.

Lisa first led this workshop in 2018 & we're thrilled to continue the tradition.

INVITE: ARBOREAL BOOK CLUB

NEXT SESSION JUNE 23RD



As part of Greywood Art's **Meaningful Conversations** 2022 programme we're bringing back the Arboreal Book Club, which grew out of artist **Carol Anne Connolly's** research for the 2018 revival of the May Sunday Festival. Next up: **The History of Bees** by Maja Lunde.

Arboreal Book Club meets 2-3 times a year to discuss books about trees, forests, nature, and the environment - from non-fiction to novels to poetry.

New members always welcome! Email create@greywoodarts.org to join.

WORKSHOPS

VISIT MAYSUNDAY.IE FOR BOOKING INFORMATION

NATURE WRITING

SATURDAY 10:30AM - 12:30PM

If you love the outdoors and would like to explore your relationship with nature more deeply, or you are interested in writing and want to experiment with using the natural world as your muse, join award-winning writer, **E.R. Murray**, in the beautiful setting of Glenbower woods for a nature-inspired writing workshop.

As you take a gentle guided stroll through the woodland, connect with your creativity through a series of focused writing exercises that encourage you to observe, listen, reflect and respond to the world around you. There will also be some short readings, discussion, and time for questions. Suitable for complete beginners and experienced writers alike, all you need is pen, paper and an open mind. **Age 16+. €20**

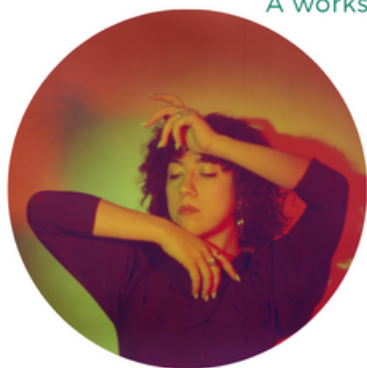
*"Not just beautiful, though—
the stars are like the trees in
the forest, alive and breathing.
And they're watching me."*

—Haruki Murakami, *Kafka on the Shore*



SONGWRITING FROM LANDSCAPE

SUNDAY 11AM - 12PM



A workshop led by songwriter and artist **Maija Sofia** on gleaning poetic and musical material from the landscape around us.

We will look at the ways songwriting and poetry intertwines the worlds of ecology, botany and geology with music and language and find ways to weave metaphor and inspiration from the natural world to express our own personal experience and narratives.

No musical or writing experience necessary. **Age 16+. €10**

AMONG THE TREES MOVEMENT WORKSHOP

FRIDAY 2PM - 4PM

A movement session for all abilities who want to connect and deepen their relationship to the natural world, facilitated by **Laura O'Brien**.

Through guided movement exploration, you will be invited to experience your own unique responses to your environment. Moving from our felt senses and embodied experience invites us to connect to both ourselves and nature in new ways and also supports our sense of creativity and wellbeing.

The first part of this session is done alone or in pairs using a score that will be sent to you prior to the event or when you arrive. After this we will have a chance to move and share as a group. There are no particular movements or steps to do or learn, you can move based on your own needs, ability and energy on the day.

This is an invitation to:

- Get in touch with nature and in particular the trees in Glenbower
- Explore new ways of moving, thinking and being
- Experience and grow your own sense of creativity and wellbeing



Book to ensure your place or meet at the upper car park. **€15**

SATURDAY 12PM

YOUGHAL ART GROUP

PLEIN AIR PAINTING & SKETCHING

Keep an eye out for this group of creatives drawing and painting in the wood. Better yet, bring your pens and brushes and join them in capturing the beauty of Glenbower Wood.

Youghal Art Group is a casual meet up. They chat, share ideas and sketch, paint or doodle, whatever takes your fancy! They meet in Youghal library on the second Saturday of every month, and all are welcome.

Follow them on Facebook for meeting updates & to find out about more plein air sessions or contact youghalartgroup@gmail.com.

ART & CRAFT MARKET

SATURDAY 11AM - 4PM
AT THE PLAYGROUND

VENDORS

A day filled with local artists and artisans including:

Gillian Allan	Martha Cashman/More Clay Less Plastic
Aoife Banville	Susana Costa
Sinéad Ní Chianaola	Amanda Daunt
Driftaway Design	Una Foley
Nicola Geary	Sinead Hannon
Gerard McMahon	Sentio Studios
Lydia Walsh	

And more!

KILLEAGH MACRA will offer activities for kids & families at their stand!

IMAGINATION STATION

11AM - 4PM

Join artists from the Greywood Arts community at the imagination station for **hands-on arts & craft activities**.

Get your creativity flowing and get making.

Perfect for kids, but fun for all ages!



See the beautiful botanical plaster casts created in a workshop with artist Aine Farrell

ADD YOUR WISH TO THE MAY TREE

Traditionally found near holy wells, strips of fabric were tied onto rag trees with intentions for better health or other aspirations, which are believed to come to fruition as the rag rots. The May Bush is a branch or bough of a tree decorated with ribbons on the eve of May to keep away evil and bring good luck. Both the Rag Tree and May Bush are usually hawthorn, also known as whitethorn or the May Tree - and according to legend is one of the trees where fairies can be found. Add your intention for the year to come to our May Tree.



SOUP & SONGS



LAZY RIVER BAND FESTIVAL FUNDRAISER

SATURDAY 7PM

Savour a delicious bowl of soup made from wild garlic foraged from Glenbower Wood as you enjoy sweet sounds of folk and Americana from the **Lazy River Band**.

Greywood Arts, Main Street, Killeagh
Book at [MaySunday.ie](https://www.maysunday.ie) - Limited tickets available at the door. **€20**

Ticket sales support the running costs of the May Sunday Festival.

ABOUT GREYWOOD ARTS

CREATIVITY AT THE HEART OF EAST CORK



We bring artists and the East Cork community together in a welcoming space to **explore the creative process, connect and grow**, and by doing so we foster empathy and a sense of belonging in our community. We believe everyone has creative potential and that rural areas deserve access to quality arts programming.

Founded as an **artist residency** in 2017 we quickly grew to offer responsive **educational and community arts programming**, in addition to offering an array of **cultural events**. In 2018, Greywood Arts incorporated as a **not-for-profit** organisation.

In 2022, we began construction to develop a derelict **coach house** into an **arts centre** that will have:

- An **art classroom** for classes & workshops
- A flexible **event space** for rehearsals, performances, exhibitions, workshops, gigs & screenings
- **Artist Studios** for 3-4 local artists



MAY SUNDAY

OPEN AIR DANCE + PICNIC

SUNDAY 1PM - 4PM

Pack a picnic & put on your dancing shoes to celebrate Bealtaine under the marquee in Glenbower Wood.

Mick & Mark will get you moving with their signature blend of **trad, folk, ballads and country music.**

We're looking forward to having **Killeagh Scouts** create a **living tapestry** from 11am - 1pm on May Sunday!

The **Tipsy Taco** truck will be serving up tasty tacos!

You'll find the Marquee next to the playground in Glenbower Wood



May Sunday Dancing at Greenpark 1948

HISTORY

Glenbower Wood is situated on what used to be the **De Cappell Brooke** estate. In the 1830s the family made improvements to their home and surrounding land. To show off these enhancements, such as new bridges,

De Cappell Brooke invited the entirety of the village to celebrate with music and dancing on the first Sunday in May.

This became the yearly event we know as **May Sunday** - and it was the only day on which the land was open to the public.

Now, a large portion of the woodland is owned by the community and looked after by the volunteers who make up **Glenbower Wood & Lake Ltd.**

MONDAY

FAMILY FUN DAY IN PÁIRC UÍ CHINNÉIDE

MONDAY 3PM - 5PM



ALL ARE WELCOME TO THE KILLEAGH GAA PITCH

- Obstacle and Novelty Races
- Penalty Shoot-Out
- Crossbar Challenge
- Fun & Run
- Mothers And Others Fun Games
- Dads And Lads Fun Games

Free, but weather dependent!

and more!

SCENT ADVENTURES WITH DOGSERVICE

MONDAY 11AM, 12:15PM AND 1:30PM

Rakes and Rifles

The body of the estate's Head Gardener has been found in the Arboretum. Cause of death is a gunshot wound to his chest.

This 30-minute murder-mystery style Scent Adventure will bring out the best in you and your dog. Together you can play detective and search for or earn clues, then solve the case with your human team mates. All dogs are great at sniffing and finding tasty treats is right up their alley. With the help of 6 human-canine teams we will surely be able to find the culprit. Be prepared to have a good laugh and pick your brains while your dog gets a proper mental workout.

All dogs must be on lead for the duration of the event. Dogs should be ok with other dogs and people in close proximity, but we can give individual dogs space if needed.

Spaces are limited to 6 dogs per group.

FREE, but please register at www.dogservice.ie to avoid disappointment!

Starting point: Picnic area by the Wooden Bridge



DID YOU KNOW?

Glenbower gets its name from "gleann bodhar" or "deafening glen" from the noise of the River Dissour

Learn more about the woods at www.glenbower.com



Greywood Arts

Keep up to date with Greywood Arts on social media

Facebook: @greywoodartsireland
Instagram: @greywoodarts
Twitter: @greywood_arts

or join our mailing list at www.greywoodarts.org



Comhairle Contae Chorcaí
Cork County Council



An Roinn Turasoireachta, Cultúir,
Ealaíon, Gaeltachta, Spóirt agus Meán
Department of Tourism, Culture,
Arts, Gaeltacht, Sport and Media

GLENBOWER WOOD
& LAKE LTD